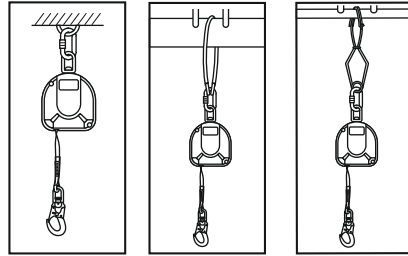


CONNECTING THE FALL ARRESTER TO STRUCTURAL ANCHOR POINT

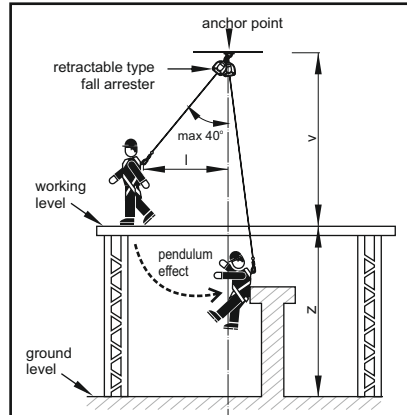
The fall arrester must be connected to a structural anchor point by its connecting handle using a connector complying with EN362 or an anchor device complying with EN795 standard. Structural anchor point should be situated above the job place and have static resistance min. 12kN. The shape of the structural anchor point should not let self-acting disconnection of the device.



STRUCTURAL ANCHOR POINT REQUIREMENTS

The retractable fall arrester shall be installed above the operator. When the device is installed in the vertical line above the user the minimal clearance distance "z" below working level shall be not less than 2,6 m.

When the cable of the retractable fall arrester is deflected from vertical line a pendulum effect occurs during fall arresting. In order to minimise the pendulum effect the cable deviation angle from vertical shall never exceed 40°. For this purpose the user is permitted to move laterally through distance "l" not greater than 1/2 "v". The clearance distance below working level must be greater than 2,6 m+ lateral distance "l".



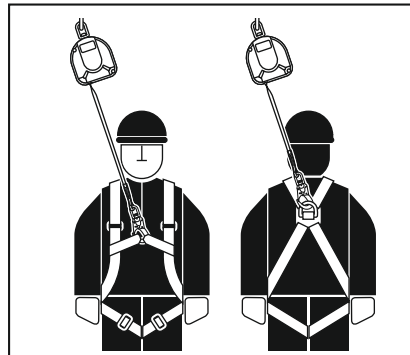
CONNECTING THE FALL ARRESTER TO FULL BODY HARNESS

The working cable/webbing snap hook must be connected only to frontal or dorsal attachment point of full body harness. Full body harness must conform to EN 361.

Always protect the gate of the snap hook against accidental opening with locking gear.

PRE-USE INSPECTION

Before each use, a person who is going to use the fall arrester, shall carry out a close visual examination of the retractor's elements (case, snap hook including fall indicator, handle, working webbing) in respect of mechanical, chemical and thermal defects. Special attention must be paid to inspection of the working webbing on the entire length. Do not use the device if the webbing is cut, frayed or there are any changes in the flexibility, the weave or the colour of the webbing. The user has to check the retractor functioning by dynamic pulling the working webbing. The webbing should block and stop pulling out. After releasing the webbing, the retractor should pull in the webbing. In the case of fall indicator be destroyed/deformed or any defect of retractor parts or any doubt on correct condition of the device - do not use it.



USAGE - During use the fall arrester should be protected from a contact with oils, acids, solvents, basics, open fire, hot metal drops and sharp edges. During working on the lattice constructions we should avoid interleaving the working webbing between the individual construction elements. We should avoid using the device in the dust laden and greasy environment. The device is supplied as a complete system and any of the component of this system shall not be substituted. Using the fall arrester, in connection with fall arrest system, must be compatible with manual instructions of the fall arrest systems and obligatory standards: - EN361-for the safety harness; - EN362 - for the connectors; - EN795 -for anchorages.

ADMISSIBLE TIME OF USE - There is no limitation of time of use the retractable fall arrester on condition that periodic inspections are regularly carried out.

PERIODIC INSPECTIONS - After each 12 months of utilization the fall arrester must be withdrawn from use to carry out manufacturer's detailed inspection. The inspection must be carried out by the fall arrester's manufacturer or his certified representative only. During this inspection will be established admissible time of the fall arrester use till next manufacturer's inspection. The result of inspection must be recorded in Identity Card.

ATTENTION: Working webbing unit should be replaced after each 10 years starting from the date of manufacture. The excessive exposure of Technora to U.V. can significantly reduce the resistance of the webbing. Extra precautions need to be taken for the inspection, and assessment of wear and ageing.

WITHDRAWAL FROM USE - The fall arrester must be withdrawn from use immediately when any doubt arise about its condition for safe use and not used again until confirmed in writing by device manufacturer or his certified representative after carried out the detailed inspection. The fall arrester must be withdrawn from use immediately and sent to the device manufacturer of his certified representative to carry out detailed inspection when it has been used to arrest a fall (especially when the snap hook indicator is deformed or destroyed). Any repair or service operation shall only be carried out by fall arrester manufacturer or his certified representative.

THE ESSENTIAL PRINCIPLES OF USE OF PPE AGAINST FALLS FROM A HEIGHT

- personal protective equipment shall only be used by a person trained and competent in its safe use.
- personal protective equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- a rescue plan shall be in place to deal with any emergencies that could arise during the work.
- it is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- any repair shall only be carried out by equipment manufacturer or his certified representative.
- personal protective equipment shall not be used outside its limitations, or for any purpose other than that for which it is intended.
- personal protective equipment should be a personal issue item.
- before use ensure about the compatibility of items of equipment assembled into a fall arrest system. Periodically check connecting and adjusting of the equipment components to avoid accidental loosening or disconnecting of the components.
- it is forbidden to use combinations of items of equipment in which the safe function of any one item is affected by or interferes with the safe function of another.
- before each use of personal protective equipment it is obligatory to carry out a pre-use check of the equipment, to ensure that it is in a serviceable condition and operates correctly before it is used.
- during pre-use check it is necessary to inspect all elements of the equipment in respect of any damages, excessive wear, corrosion, abrasion, cutting or incorrect acting, especially in retractable fall arresters - cable or webbing, retractor and brake proper acting, casing, energy absorber, connector;
- regular periodic inspections are the essential for equipment maintenance and the safety of the users which depends upon the continued efficiency and durability of the equipment.
- during periodic inspection it is necessary to check the legibility of the equipment marking.
- it is essential for the safety of the user that if the product is re-sold outside the original country of destination the reseller shall provide instructions for use, for maintenance, for periodic examination and for repair in language of the country in which the product is to be used.
- personal protective equipment must be withdrawn from use immediately when any doubt arise about its condition for safe use and not used again until confirmed in writing by equipment manufacturer or his representative after carried out the detailed inspection.
- a full body harness conformed to EN 361 is the only acceptable body holding device that can be used in a fall arrest system.
- in full body harness use only attaching points marked with big letter "A" to attach a fall arrest system.
- the anchor device or anchor point for the fall arrest system should always be positioned, and the work carried out in such a way, as to minimise both the potential for falls and potential fall distance. The anchor device/point should be placed above the user. The shape and construction of the anchor device/point shall not allowed to self-acting disconnection of the equipment. It is recommended to use certified and marked structural anchor point complied with EN795.